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# ACTIVITIES @ ADARE

Effective May 2021



## Amazing Race

Set in the grounds of Adare, participants race their way through a series of challenges that stretch their physical and mental capabilities.

## Beach Games

Participants undertake a number of competitive beach activities designed to maximize team work and encourage physical participation – a great way to start camp.

## Beyond Limits Relay

Racing against other tribes sounds easy, until you see the challenges your group needs to conquer! Communication is key in this fast paced challenge.

## Bodyboarding

Time spent at the beach is an Australian institution! Under the watchful eye of our qualified facilitators, participants are introduced to the ocean swells whilst learning how to body board and ride the surf.

## Brain Twister

Participants' problem solving skills are challenged through a series of team activities that require 'out of the box' thinking. Tribes will need to draw on each other's skills and each play their part if they are to be successful. Sometimes the quietest tribe member is the one with the best things to say!

## The CACTUS

At the end of a big camp we step it up a notch! Tribes work together from Adare down to the beach and back again to earn equipment for a wide-game across the entire site. The winning tribe has their name etched in history as the victors of their school for the year.



## Challenge Course

In tribes, participants navigate their way through a series of challenging activities that require team work and initiative to achieve success.

## Crate Stack

It's time to build! Participants engage in a daring team construction activity where they need to build and climb their milk crate tower before it collapses.

## Expeditions

Looking back over the rugged coastal cliffs towards The Bluff and greater South Coast is a sight to behold. Participants have the opportunity to hike a stunning section along the world famous Heysen Trail. Trips can range from day walks to epic overnight adventures.

### **Flying Kiwi**

Participants are raised 15 metres above the ground by their fellow tribe members, experiencing G-force Superman style. This strange sensation is powered by people, illustrating what can be accomplished when physics, teamwork and safety gear all combine.

### **Kayaking**

Explore the Hindmarsh River by water! Kayaking is a great way to introduce participants to water fun and safety. However, our fleet of double kayaks won't be going anywhere unless participants communicate and cooperate to keep their paddling in sync so that they stay on course!



### **Mountain Biking**

Riders undertake a competency skills test followed by a scenic ride along one of the many South Coast bike trails. There are different journeys we can take, depending on the riding ability of the group.

### **Parachute Games**

Participants are engaged in a series of team games which take place on top of, around and underneath a giant parachute, all where teamwork and cooperation is a must. (Ideal for Years R-3)

### **Raft Making**

Would you survive if you needed to stay dry on your own, personally designed raft? Not only does it need to be sturdy, it needs to be quick enough to beat the other groups. Participants will need to practice their knots because they will be needed in this open water challenge.

### **Shelter Building**

The storm is coming! Will you stay safe and dry? Working together with their tribe mates, participants will build a shelter to protect the group from the coming wind and rain.



### **Surf Rescue**

Water safety is an essential life skill. Participants learn about the ocean and the dangers that may be encountered on Australian beaches. They also experience activities that surf rescuers have been involved in for generations.

### **Survivor Challenge**

Participants find themselves physically tethered to a continuous series of puzzles. Many tribes begin the Survivor Challenge but not all will make it out the other side! This activity sees groups undertake a number of challenging activities to explore the dynamics of effective teamwork and experimental learning.

### **Tower Tumble**

How tall will your tower be? The real question is will it be strong enough? We all know the real joy of building a tower is knocking it down in fun, creative and competitive ways!

### **Water Obstacle**

In the spirit of 'Survivor', tribes work together to build a series of systems that will transport water between two points in order to release a puzzle. A fun activity - not for the faint hearted. Be prepared to get wet and grubby!